

The Weekly Church Bulletin
NEWARK CHURCH OF CHRIST
Clinton Avenue & Dr. Eugene Lawton Way
Newark, NJ 07108
newarkchurchofchrist.net



Our 2024 THEME...
**TRANSFORMING LIVES FOR THE
GLORY OF GOD!**

Romans 12:1-12

Volume 62
Number 45

Sunday, November 10, 2024

DOES THE BIBLE OFFER HOPE FOR DEPRESSION?

Note: This article considers the spiritual side of a serious topic. **Please note that depression sometimes necessitates medical intervention.**

Depression is perhaps the most common emotional problem that we face today. Experts suggest as many as one in five Americans experiences severe depression sometime during their lives, and depression may be the most common health problem for women. **Symptoms of depression include apathy, insomnia, difficulty in concentrating, and a general loss of interest in life. Severely depressed people may become suicidal, violent, or completely withdrawn.** Depression has always been a problem for mankind. Bible characters such as King Saul, Elijah the prophet, Job, and others experienced depression.

Sources of depression may be physical, psychological, or spiritual. Fatigue, chemical imbalances, and other physical problems may cause it. After his defeat of the prophets of Baal on Mount Carmel, Elijah was physically exhausted. When Jezebel threatened his life, he fled into the wilderness and was ready to die. The angel of the Lord comforted him and strengthened him with food, telling him, "Arise and eat, because the journey is too great for you" (1Kings 19:7). He still felt overwhelmed and alone, however. He said, "I have been very zealous for the Lord God of hosts; for the children of Israel have forsaken Your covenant, torn down Your altars, and killed Your prophets with the sword. I alone am left; and they seek to take my life" (1 Kings 19:10). He repeated, I alone am left; and they seek to take my life" (1 Kings 19:14). The Lord encouraged him by letting him know that there were still seven thousand faithful persons in Israel, and by sending Elisha to help him.

Loss is a common psychological cause of depression. Job lost his possessions, family, health, and even his reputation. He cried, "The thing I greatly feared has come upon me, and what I dreaded has happened to me. I am not at ease, nor am I quiet; I have no rest, for trouble comes" (Job 3:25-26). Later he learned that God continued to control the universe. "I know that You can do everything, and that no purpose of Yours can be withheld from You" (42:2). **Unfulfilled hopes and dreams and feelings of worthlessness or helplessness brought on by stress also cause depression.** These feelings often come because one has lost proper perspective. Disappointments may be opportunities in disguise – times to rearrange priorities, making them in line with God's will. We can overcome feelings of helplessness and worthlessness by understanding that God is still in control. He demonstrated His love for us in the cross (Romans 5:8).

Sin has spiritual consequences, which often include depression. Obeying God is the key. "If you keep my commandments, you will abide in My love" (John 15:10). **God does not intend for us to be depressed, and He is eager to forgive and comfort.** – Bob Prichard

YOU CAN CONNECT TO OUR WIFI ANYWHERE IN OUR BUILDING at any of the **NCOCGWIFI** user names. The password is **Acts2:38**

Church Office

973-374-4563

Fax

973-374-6704

Church
Calendar

Sunday

Bible School

10:00 am

Worship
Service

11:00 am

Thursday
Bible Classes

6:00 pm

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GETTING FOOD BASKET READY The Benevolence Ministry is getting ready to distribute food baskets to needy families on **Saturday, December 14, 2024**, and your cooperation is needed. Each member is urged to bring canned meats, canned vegetables, rice, pasta, cereal, cake mix, icing, etc. immediately. **We need the names of needy families: name, address, phone number and family size.** We would like to know if the family can pick up the food basket at the church on that Saturday between 10:00 a.m. and 1:00 p.m. **Please give this data to sisters Henrietta Green or Tonya Jones.**



40th ANNUAL MEN'S DEVOTIONAL IS COMING The date is **next Sunday, November 10, 2024 at 2:00 p.m.** in the church dining hall. The men will prepare the meal. **Give your donation of \$10.00 to Weston Paton, Kevin Williams or Terrance Wood, Sr.**

BROTHER RC JACKSON will preach here on **next Sunday, November 17, 2024.** Brother Michael Graves will teach the Adult Bible Class for the month of November.



THE FOODBANK ITEM ARE RICE, CEREAL, MACARONI, ETC. FOR THIS MONTH.

**ORDER OF WORSHIP
SUNDAY, NOVEMBER 10, 2024**

Service Administrator	Kevin Williams
Announcements	Justin Raney
Invocation	William Davis
Song Leader	Donald Chisolm
Scripture	Sip Whitaker
Prayer	Gregory Hunt
Sermon	Michael Graves
Administer/Prayer Requests	Andre Hart, Sr.
Response Assistant	Joshua Saint Pierre
Lord's Supper/Offering	Luis Arias
1—C. Hamilton, 2—C. Barclay, 3—J. Laudent, 4—R. Bendolph	
Leadership Announcements	RC Jackson
Benediction	Justin Raney
Attendance Manager	Mabel Nowell
USHERS IN MAIN LOBBY —K. Williams, V. Williamson, B. Cannon	
USHERS IN OVERFLOW AUD. — R. Love, M. Johnson, C. Lacey	
USHERS IN ELEVATOR ENTRANCE —C. Holley	

Camera	Azuriah Grant
Computer	David Kahiga, III
Assistant	Stina Ross



BENEVOLENCE MEALS
Free turkey dinners will be served on Saturday, November 23, 2024, 12:00 noon until 3:00 p.m. by the church. Tell your friends and family about this dinner and plan to have them to come and enjoy a delicious meal. There will be some good gospel singing and some good preaching. **The Benevolence Ministry, with sister Henrietta Green** as chairperson, is in charge. If you would like to assist in this great work, **see sister Henrietta Green.**

THE SUNDAY LADIES' BIBLE CLASS will be on **next Sunday, November 17, 2024** in the church dining hall immediately following the morning service. Feel free to bring a snack or light lunch. **Sister Mikki Taylor** is the teacher.



SICK LIST AT HOME Curlie Hooper, Sharon Carter, Romni Ellis, Erma Sanders, Rayfield Sanders, Krystal Cross

HOSPITALS Fitzgerald Lawton— Ashbrook Care & Rehab. Center, 1610 Raritan Road, Scotch Plains NJ; **Fannie Broughton**— White House Nursing Home, 560 Berkeley Ave., Orange NJ; **Paul Richardson; Aniyah Walker**

MANCHESTER CHURCH OF CHRIST YOUTH RALLY, this Friday, November 15th starting at 6pm through Sunday, November 17th, 2024, , November 15th thru 12pm Sunday, November 17th, 2024 at 595 Tolland Turnpike, Manchester PA. **Brother Stephen Maxwell, Memorial Rd. CoC**, is the keynote speaker and will speak on the theme: **MOUNTAIN TOP; A Worship Experience, Hebrews 13:15-16.** The cost is **\$20.00 per person.** Scan the barcode on the flyer in the foyer to register.

40th MEN'S DEVOTIONAL is this Sunday, November 10th, 2024 at 2:00 p.m. in the church dining room. The men will prepare the meal. Give your donation of \$10.00 to Weston Paton, Kevin Williams or Terrence Wood, Sr. The Theme is: **MEN, DELIGHT THYSELF IN THE LORD, Psalm 1:1-6.** The following brothers will speak on the following topics: *Andre Hart, Jr. — Delight Thyself in Loving God; Reginald Bendolph—Delight Thyself in Studying His Word; Carl Smith—Delight Thyself in Walking in His Counsels; William Davis—Delight Thyself as Stewards in His Kingdom.* **We want 100 men present for this devotional.**

FAREWELL & BEST WISHES **Sister Annie Moses**, a longstanding faithful member of this congregation for over **50 years**, baptized under the ministry of the late Dr. Eugene Lawton, **is relocating to Texas to be with her daughter.** Sister Moses opened her home for teaching of the Jersey City Bible Class over 40 years ago at her residence on Kennedy Blvd. Many souls were led to Christ as a result of this effort. **Today is her last day worshipping here with us.** We wish her well and may God keep her and family in the hollow of his hand.

TWO BAPTIZED ON LAST SUNDAY Welcome to **Sherwane Moriah**, 121 University Pl., Irvington, NJ 07111, 973 704-4956 and **Joy Woodard**, 89 Paine Ave., Irvington, NJ 07111 who were baptized on Sunday, November 3, 2024. **Oh Praise His Holy Name!**

RESPONSES ON LAST SUNDAY T. Jones, J. Arias, W. Royster and C. Samuel **were restored.** T. Cotton, L. Jenkins, L. Thames, K. Williams, K. Harper, T. Whitley, E. Butler, B. Butler, P. Joseph, D. Chisolm and T. Grant **requested prayer.**

ONLINE REQUESTS— J. Robinson and T. Arias

RESPONSES FOR 2024 21 Baptisms, 817 Restorations/Prayer Requests, 11 Placed Memberships

WELCOME VISITORS, WE ARE SUPER DELIGHTED TO HAVE YOU WITH US TODAY, COME AGAIN SOON.



CALENDAR OF SERVICES



Bible School Sunday, 10:00 a.m.
Worship Sunday, 11:00 a.m.
Bible Class Thursday, 6:00 p.m.
Website newarkchurchofchrist.net

Cable Television in Jersey City
Sunday, 7—7:30pm & Tuesday, 9—9:30pm, Channel 190

We had 143 in attendance in the 11 am service on last Sunday, November 3, 2024.